

SELF LEADERSHIP

27-29 October 2014 (3 days) 9:00am - 5:00pm

PULLMAN KUALA LUMPUR BANGSAR

Self-Leadership is at the heart of good leadership. Over 3 days you will be guided through the theory & principles of true Self-Leadership and be provided with proven techniques so you can take away with you the knowledge of how to lead yourself in all future situations in any given context.

Who will benefit from this training?

- Company leaders, Managers, Team leaders
- Trainers, Coaches, Consultants.
- Those of you who wish to develop your ability to lead out in your own life and create new results.

Why this training?

To be truly exceptional at leading others we must first be able to lead ourselves. This is only possible by understanding how we do what we do and to consciously know what we do. Self-Leadership presents to you the critical components of how to lead your emotions and thought processes to first lead yourself as you move towards effectively leading others.

- Are you willing to step up to the plate and take charge of yourself and your life?
- Do you want to develop yourself personally and/or professionally?
- Do you want to develop as a leader?
- Do you want to achieve more satisfying results in your life purposefully?
- Are you curious to learn HOW?

Unique Opportunity!


TO LEARN FROM 2 WORLD CLASS NEURO-SEMANTIC TRAINERS COLIN COX AND LENA GRAY

They are impressive trainers! They combine a powerful persona and passion to do whatever it takes to succeed with a gentleness of spirit and compassion. They not only present the most up to date training strategies and skills, they demonstrate them with finesse, creativity and fun and provide a model and benchmark for excellence."

Anne McKinnon Educator, Cairns - Australia

**"NO MAN IS FREE WHO IS
NOT A MASTER OF HIMSELF"**

- EPICTETUS



If you've answered YES to any of these questions then the opportunity to early discover possibility lays here in the following pages. Read on...

SELF-LEADERSHIP MEETS NEURO-SEMANTICS

Through Neuro-Semantics and its unique understanding of the human potential, you are provided with Self-Leadership strategies for the human brain so that you can tap into your most powerful resource for creating personal success and producing results - your mind. Over 3 inspirational and experiential days you will learn how to access your minds powerful resources so that you can create success in whatever area of your life you wish.

What you will get out of this training:

You will learn and have practical experience in leading edge Self-Leadership models and be presented with concepts that have revolutionised the way that people and organisations have thought about leadership.

- Skills for Self-Leadership and Personal Management.
- Strategies to develop emotional intelligence.
- Greater levels of emotional management.
- How to apply no less than 10 Neuro-Semantic behavioural change patterns of excellence for Self-Leadership.
- Overcome everyday excuses with ease
- Eliminate self-sabotaging Behaviours and thought patterns.
- Achieve laser like focus and commitment in all you do.
- A new understanding of your latent potential and how to utilise this in all you do.
- How to Coach Others in Personal Change
- Coaching from World Leaders in Neuro-Semantics.

Neuro-Semantics – The Users Manual for the Human Brain

Self-Leadership presents to you the fundamental principles for Personal Mastery from the field of Neuro-Semantics - A leader in personal and professional leadership and behavioural management systems in the world today.

Neuro-Semantics means that the meanings that we give everything in our life are stored in our nervous system. Through this and other ground breaking discoveries Neuro-Semantics has contributed to the development of many leading communications and relationship models making them more effective. Neuro-Semantics adds a new dimension to Self-Leadership through the understanding that “To be able to lead others first we need to learn how to lead ourselves”.

In Addition You Receive:

- 22 hours of learning with 2 of the worlds most experienced Neuro-Semantic trainers, Colin Cox and Lena Gray.
- A 100 page Self-Leadership training and Resource manual.
- Certification in Self Leadership - a pre-requisite for the Meta Coach Foundation Professional Pathway Certification Training



Leadership

Your International Trainers

COLIN COX

The skills and experience that Colin brings are extensive and varied with two critical and defining qualities that are woven intricately into the very fabric of what he does as a Trainer & Executive Meta-Coach. These two qualities are his constant pursuit of personal excellence in what he does professionally and his extensive experience as a Corporate Trainer.

Colin received his Master Trainer certification in Neuro-Semantics (NS) in South Africa in 2005. As of 2012 he remains recognised as the only Master Trainer in the field of Neuro-Semantics. He has held a position on the Global NS Leadership Team with the International Society of Neuro-Semantics for the past 7 years.

He constantly continues to evolve through his passion for learning. He draws his continued learning from the domains of Neuro-Semantics, Cognitive and Behavioural Psychology, the Social Sciences, Learning Psychology and Accelerated Learning, to ensure he remains a recognised global leader in Learning & Development. Colin was formerly a triple NZ International sporting representative competing at World Championship level in 3 different sports: Powerlifting, World's Strongestman Contest and the Scottish Highland Games. He has also won 4 New Zealand sports titles in 4 different sports. It is this unique sporting attitude of achieving personal excellence that he possesses, that he brings in a practical and meaningful way to all he does in his role at Ignition Colin's a highly sought after inspirational Keynote Presenter; Corporate Trainer and Executive Meta-Coach who has both a national and international reputation for being highly engaging, down to earth, and a person who produces sustainable results for those he consults to.



"Colin is a highly skilled Master Trainer. In addition to this his presentation style is extremely inspirational and so much fun. Throughout my journey to develop as a trainer and presenter Colin was the catalyst in the unleashing of my potential."

Jason Kong
Vice Chairman
International Six Sigma
Council

The mark of an expert is when they can effortlessly change your limiting beliefs at a subconscious level by asking you a few simple questions. Colin is able to do this and more. He is up there with Tony Robbins, Steven Covey and other world leading trainers and coaches."

Hirini Reedy
C.E.O

"The truly world class trainers combine character, skills and passion. Colin has all this and them some!!! I've benefited from Colin's expertise as a trainer and he is a true role model for me!!"

Niklas Daver,
Company Director, Trainer, Coach,
Author
Stockholm, Sweden

LENA GRAY

Lena is a Director of "Hotmind" - Leaders in Transformational Learning and Development Solutions for Individuals and Organisations.

She is an Inspirational, Passionate and results oriented International Corporate Trainer, Executive Performance Coach, Coaching Qualifications Training Provider and Keynote Presenter.

She is President of the Institute of Neuro-Semantics for New Zealand (INSNZ), the National Director of the NZ Meta Coach Foundation, and a Leadership board member of the International Society of Neuro-Semantics.

At the forefront of human development Lena uses cutting edge coaching and training technologies to grow and support her clients in their life directions. With her Natural approach and communication style, and her persistent belief that potential is gifted to all, she is an outstanding Trainer, Coach and Leader.

She is an Internationally Qualified Neuro-Semantic Master Trainer (ISNS – South Africa), and Coach (ACMC, MCF - Sydney). Lena is an Internationally Certified Meta-Coach Training System Trainer along with Dr. Michael Hall.

Lena specializes in Transformational Leadership Training and Coaching, and Professional Coach Training. Her expertise also extends to all Personal/Professional Relationship Training and Coaching areas. While working with Executives, Lead Managers, Business Owners, Organisational and Sports Teams, Athletes, Families, Couples, and Young adults she persistently and successfully facilitates and coaches individuals and teams to higher performance.

She considers her successes worldwide to be a reflection of her commitment to the growth and development of individuals and organisations, her advocacy of self-Leadership and self-actualization, her obsession with continued learning, and being passionately committed to getting 'real' results when working with those who want to get more out of life and/or work life.

"We expect that trainers and coaches know their stuff and deliver it an energizing, easy-to-understand way. Lena Gray brings much more to the table."

She uses highly specific feedback not to overwhelm, but to focus on the steps and behaviors that will lead to the next level of performance. Lena balances challenge, responsibility, and unconditional support to produce transformative change."

"I've been in training and organizational change consulting for nearly 20 years and Lena Gray is one of the best I've worked with."

Joe Brodnicki – USA

"The opportunity to work with Lena Gray was eye opening and extremely valuable to my business. Not only does she bring out the strengths in others but she empowers others to use those strengths to develop self and business. Lena is a great person, great coach and great business developer; I highly recommend her business services."

**Aloi Burgess, International
Sales Manager -National
Training and Development PTY
LTD, Brisbane, Australia**



Register Now!

Spaces are Limited – So, be Quick to Reserve Your Place Now!

Your Investment

3 Days - Self Leadership

Individual Investment : **RM 3,000.00**

Early Bird,
before 1st Oct 2014 : **RM 2,750.00**

Group Investment

3 or 4 person : **RM2,550.00 per person**

5 or above : **RM2,350.00 per person**

Please Fax to: 03-2050 2798 or email to: training@hrconsultant.my

Registration Form:

Name	:	Designation	:
Company/Firm	:	Industry	:
Address	:			
Tel	:	H/P	:
Email	:			
Bank	:	Cheque No	:
Amount	:			

Cheque should be made payable to CS HRM Services

Bank Deposit

Bank : CIMB ISLAMIC
Account No. : 8600 5175 58



CSHRM Services
(Center of Strategic Human Resources Management)
The Strategic Learning Solutions

Name of Participants

Name	Designation	Email Address
1.
2.
3.
4.

Jointly Organised :

COACHING MINDS SDN. BHD.

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